

Registration Form

Please Print Clearly

Race Entry

- Marathon \$50.00
- Half Marathon \$50.00
(Run Nova Scotia Event RNS Members pay \$48.00)
- Half Marathon / Recreational or Nordic Walk
(please indicate if you are walking) \$50.00
- 10k \$50.00
(Run Nova Scotia Event RNS Members pay \$43.00)
- 5k (Fun Run / Race) \$50.00
- Student Challenge 5km Free
- Kids Fun Run (Saturday Morning) Free
- Extra Carbo Loading Meals ___x \$5.00 per meal
- Extra Post Race Meals ___x \$5.00 per meal

(Total race entry fee and extra meal tickets and make cheques payable to Johnny Mile Running Event)

Runner's Information

First Name	Middle Name	Last Name						
Mailing/Street Address	City	Prov. /State	Post. /Zip					
Home Phone	Buss. Phone							
Female / Male	Age on Race Day	Shirt Size (Circle One)						
		<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr> <td style="padding: 2px 10px;">S</td> <td style="padding: 2px 10px;">M</td> <td style="padding: 2px 10px;">L</td> <td style="padding: 2px 10px;">XLg</td> <td style="padding: 2px 10px;">2Xlg</td> </tr> </table>		S	M	L	XLg	2Xlg
S	M	L	XLg	2Xlg				
Run NS Number	E-mail Address							

Amateur Athletic Waiver

- 1) I acknowledge participating at my own risk and I hereby waive liability of any and all claims against the Johnny Miles Running Event Weekend Committee, its Sponsors and Partners for personal injury, death or property damage resulting from my participation in the race.
- 2) I consent to any medical treatment deemed necessary by the medical team during the event
- 3) I give the Johnny Miles Running Event Weekend Committee my permission to publish my Name, Finishing Information and/or Photo in the media or on the internet.

Signature / Date _____

Parent /Guardian (if under 19) _____

HOW TO REGISTER

- 1) www.johnnymiles.ca
Register and Pay On-Line
- 2) By Mail – Print Off Application and Mail (with payment) to
Race Director
Po Box 426
New Glasgow N.S.
B2H-5E5
- 3) Register & Pay In Person at
The Pictou County YM-YWCA

For updates check out the website at www.johnnymiles.ca